

PRESIDENT'S NEW FREEDOM COMMISSION'S RECOMMENDATIONS

- 1. Ensure that Americans understand that mental health is essential to overall health.**
- 2. Mental health care is consumer and family driven.**
- 3. Disparities in mental health are eliminated.**
- 4. Early mental health screening, assessment and referral to services are common practice.**
- 5. Excellent mental health care is delivered and research is accelerated.**
- 6. Technology is used to access mental health care and information.**