

CONTACT LIST FOR
ADULT MEDICAL DAY CARE
(ADMC) PROGRAM

* AMDC "start up" information and
Medicaid funding information:

Ms. Lynn Price 410-767-1444
&
Ms. Evelyn Curry

*Information regarding the plan review process
and physical/structural specifications for the
Adult Medical Day Center:

Mr. Jim Soucy 410-767-5925

*State Fire Marshall's Office 410-653-8980

*Baltimore City Fire Marshall's Office:
410-396-5752

*OHCQ conducts surveys/inspections,
approvals and complaint follow up for
Baltimore City and all Maryland counties, with
the exception of Baltimore County.

To obtain surveys/inspections, approvals and
complaint follow up for all AMDCs located in
Baltimore County contact
Ms. Virginia Griffin, RN at 410-887-6006



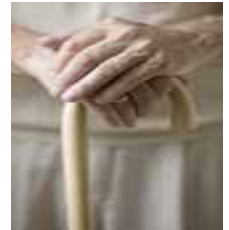
MARYLAND STATE DEPARTMENT OF
HEALTH AND MENTAL HYGIENE
OFFICE OF HEALTH CARE
QUALITY

Bland Bryant Building
Spring Grove Hospital Center
55 Wade Avenue
Catonsville MD 21228
410-402-8142

Martin O'Malley, Governor
Anthony G. Brown, Lt. Governor
John M. Colmers, Secretary
Wendy Kronmiller, Director

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ADULT MEDICAL
DAY CARE PROGRAM



The Adult Medical Day Care Program provides health care oriented services such as: nursing, nursing supervision, assistance with activities of daily living, structured activities program, counseling and nutritional services for the elderly and for adults with a medical disability who require at least 1 day of care per week in a day care program.

Services are designed and tailored to meet the needs of participants during the day, while allowing individuals to continue living with their families or in the community.

Adult Medical Day Care Programs may be provided in leased properties, churches, multi-purpose centers, in or near nursing homes, etc...

HOW TO OBTAIN A LICENSE TO OPERATE AN ADULT MEDICAL DAY CARE PROGRAM

THINGS YOU MUST OBTAIN FROM LOCAL GOVERNMENT:



**FOOD SERVICE AND
ZONING PERMIT** You must request and receive zoning approval from the local zoning authority.

You must obtain a food service permit prior to preparing or providing food on premises to participants.

You must obtain a use and occupancy permit

Copies of all approval letters and permits must be submitted to the Office of Health Care Quality. (OHCQ)

MEDICAL ASSISTANCE FUNDING

If you wish to secure Medical Assistance funding for the individuals attending your center and advice regarding Medicaid's regulatory requirements for the Adult Medical Day Care Program, please contact Ms. Lynn Price, Office of Health Service, Medicaid.

PRE-LICENSURE CHECKLIST

After completing the requirements noted above, contact OHCQ to request a "Pre-Licensure Checklist and application packet. This will describe what you must do to prepare the Center and your program for inspection by OHCQ.

NEW PROVIDER ORIENTATION

OHCQ offers orientation sessions for all who are interested in applying for a license to provide services to individuals in an Adult Medical Day Care Program. The orientation sessions are offered every three months and provide valuable information about AMDC and the licensing process. All applicants and interested parties are **strongly encouraged** to attend.

REGULATIONS AND STANDARDS

You may purchase a copy of the regulations and standards, COMAR 10.12.04 by sending a check or money order in the amount of \$5.00 made payable to the Maryland Department of Health and Mental Hygiene.

Mail a check or money order to the Office of Health Care Quality, Bland Bryant Building, Spring Grove Hospital Center, 55 Wade Avenue, Catonsville, Maryland 21228. Upon receipt of the check or money order, the regulations will be mailed to you.

The regulations can also be obtained from the OHCQ website, www.dhmh.state.md.us/ohcq/. Click on the link for AMDC—Adult Medical Day Care and then on the link for regulations.

Licensed AMDC Centers are inspected every two years by OHCQ to determine whether the center is complying with the regulations. The AMDC Program must meet required State and local regulations before the license will be renewed.



SERVICES REQUIRED

- Transportation to and from the center and for participation in outings.
- Contract with a supervising nurse.
- Nutrition services: meals and snacks to include special diets prepared in consultation with a registered dietician for participants with special dietary needs (e.g. diabetes). Please refer to COMAR 10.12.04.19 and 10.15.03.

- Group and individual activities program.
- Assistance and retraining in bathing, dressing, grooming, feeding and toileting .
- Emergency services.
- Other services as required

Arrangements shall be made to provide the following services if the individuals enrolled in the program require such services:

- Rehabilitation services/physical therapy
- Occupational and speech therapy
- Social services provided by a licensed social worker
- Medical consultation which may include psychiatry, orthopedics or other specialities.
- Please refer to COMAR 10.12.04.15 for additional services.

