

Sun, Fun, Run

5K Run & Family Fun Walk For Wellness & Recovery

Springfield Hospital Center Rehabilitation Services Department

thanks our 1st annual 2009 Run sponsors:



Gold

Freedom Fitness [410-795-9101]
7430 Brangles Rd., Marriottsville, MD 21104

Knights of Columbus Fr. Maurice J. Wolfe
Council 11372

Run Control, LLC, Building Automation
[301-748-7242] 12105 Tolley Terrace Dr., Monrovia, MD
21770

CSC [703-876-1000]
3110 Fairview Park Dr., Falls Church, VA 22042

State Farm Insurance Agent Marcia Duffy, LTCP
[410-781-4747] P.O. Box 1267, Eldersburg, MD 21784

Curves [410-795-6991]
2021 Liberty Rd., Eldersburg, MD 21784

Applebee's Neighborhood Grill [410-751-7127]
634 Baltimore Blvd., Westminster, MD 21157

M & T Bank, New Town Branch [410-654-8406]
9780 Groffs Mill Dr., Owings Mills, MD 21117

Tristar Martial Arts Academy [410-549-7827]
1438 Liberty Rd., Eldersburg, MD 21784

Silver

Carroll County Family YMCA [410-848-3660]
1719 Sykesville Rd., Westminster, MD 21157

Volunteer Services, Springfield Hospital Center,
[410-970-7250], with use of money donated by Dr. Jonathan
Book's family and friends in honor of his birthday

Merritt Athletic Club [410-549-8855]
1388 Progress Way, Eldersburg, MD 21784

Eveline Shipley

Bronze

Stepping Stones Day Care / Deshbach Inc.
[410-549-6585] 7300 Spout Hill Rd., Sykesville, MD 21784

Todd Herring, PT [410-876-5600]
532 Baltimore Blvd., Suite #101, Westminster, MD 21157

Paula & Harry Langmead

Bagel Café [410-549-2233]
1720 Liberty Rd., #A, Sykesville, MD 21784

The Lazarus Foundation, Inc. [410-740-0735]
10378 Eclipse Way, Columbia, MD 21044

Regional Pest Management [410-737-0940]
4333 Washington Blvd., Halethorpe, MD 21227

Giant Food Corporate Headquarters [301-341-
4710] 8301 Professional Place, Suite 115, Landover, MD 20785

Haight's Funeral Home & Chapel [410-795-1400]
6416 Sykesville Rd., Sykesville, MD 21784

Eldersburg Taco Bell [410-795-2539]
1429 Liberty Rd., Eldersburg, MD 21784

Carol Mays "Joker" [443-622-0733]
2715 Liberty Heights Ave., Baltimore, MD 21215

Iris Mielke



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Other sponsors

Triangle Fitness [410-549-1600]
1430 Progress Way, Eldersburg, MD 21784

Knitters Nest [410-549-0709]
1431 Liberty Rd., Eldersburg, MD 21784

Linda Della Valle

Asian Taste [410-552-3980]
577 Johnsville Rd., Sykesville, MD 21784

Lee's Nails [410-552-9099]
577 Johnsville Rd. #3, Sykesville, MD 21784

Geraldine Holland

Arbonne Products [240-818-9190]
<http://www.jessie.myarbonne.com>

Frank's Pizza [410-795-9507]
1881 Londontown Blvd., Sykesville, MD 21784

Synergy Women's Fitness [410-715-1228]
8827 Columbia 100 Pkwy., Suite 1, Columbia, MD 21045

Safeway [301-918-6800]
4551 Forbes Blvd., Lanham, MD 20706

Little George's [410-875-4100]
1709 W. Liberty Rd., Westminster, MD 21157

Weis Grocery [410-848-2717]
630 Baltimore Blvd., Westminster, MD 21157

E.W. Beck's Restaurant [410-795-1001]
7565 Main St., Sykesville, MD 21784

Lowe's [410-857-7445]
777 Market St., Westminster, MD 21157

You Lucky Dog [410-795-1033]
1213 Liberty Rd., Unit E, Sykesville, MD 21784

National Aquarium in Baltimore [410-659-4200]
501 E. Pratt St., Baltimore, MD 21202

Hunan Garden [410-549-1211]
1207 Liberty Rd., Eldersburg, MD, 21784

Tammy's Nails [410-552-0242]
1213 Liberty Rd., Suite 1, Sykesville, MD 21784

G. L. Shacks Grill [410-549-6000]
1207 Liberty Rd., Sykesville, MD 21784

Domino's Pizza [410-795-2400]
1207 Liberty Rd., Eldersburg, MD 21784

Martin's Food [410-552-5107]
1320 Londontown Blvd., Sykesville, MD 21784

Romeo's Italian Bistro [410-552-5572]
1207 Liberty Rd., Sykesville, MD 21784

Bob Evans # 143 [410-552-9792]
1211 Liberty Rd., Sykesville, MD 21784

J & M Comics & Games [410-552-5245]
1213 Liberty Rd., Eldersburg, MD 21784

Ledo Pizza [410-552-4000]
577 Johnsville Rd., # 8, Sykesville, MD 21784

Cross Roads Bowling Center [410-549-4200]
1213 Liberty Rd., Eldersburg, MD 21784

Jerry's Pizza & Subs [410-549-0818]
6300 Georgetown Blvd., Sykesville, MD 21784

Chili's Grill & Bar [410-552-9970]
1312 Londontown Blvd., Sykesville, MD 21784

Carol Gaul

Russell Dick

Michelle Smith

Therese Sohr

Ellen Evans

Olukemi Esan

Margee Hoffman

Denny's [410-781-6167]
6400 Ridge Rd., Eldersburg, MD 21784

Smoky's Barbeque Restaurant [410-549-2880]
2030 Liberty Rd., Eldersburg, MD 21784

Annette & Tom Thompson

Wendy Greenwald

Carol Smith

Keith Salt

Millard Cooper Park [410-795-8959]
7283 Cooper Dr Sykesville, MD 21784

United Site Services of Maryland, Inc.
[301-396-8501] Sykesville, MD 21784

HOPZ!! Party Rentals and Promotions [410-552-9365] 1700 Pine Knob Rd., Sykesville, MD 21784

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Electronically submitted sponsor logos



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